

Therapy Contract and Privacy Notice

This is a counselling agreement between Zekiye Kartal and _____ about how we will work together. The points below have been discussed face-to-face.

Sessions

I provide online and face-to-face session which are held weekly with a length of 50 minutes. Face-to-face sessions will fall on the same time each week while online session allow for more flexibility but scheduling will require a week notice.

Fee for one counselling session -----

Cancellation and missed sessions

If you are unable to attend your appointment, please let me know as soon as possible. I offer a 48-hour cancellation period - missed sessions that have not been cancelled in due time will be charged at full price. These applies to online as well as face-to-face sessions.

Ending Therapy

If either of us decide to end our work together in a way that has not been pre-arranged, we will endeavour to have at least a final ending session.

Payment and Fees

Payment is due immediately after each session or can be paid in advance for a set number of sessions. I accept cash or online payments.

Code of Ethics and Practice

I am a member of the BACP - British Association for Counselling & Psychotherapy and work by its Code of Ethics, for more details you can visit: www.bacp.co.uk.

I am registered by the Information Commissioner's Office and Client's data is regulated according General Data Protection regulation (GDPR).

Confidentiality

- Our work together is confidential. Confidentiality is an integral part of therapy and is essential to building a strong and productive therapeutic relationship as well as ensuring a sense of safety. I work with a supervisor but identifying details will be not disclosed.

However there are ethical and legal limits to confidentiality:

Ethical limitation

- If I am concerned that you are in danger of causing yourself or anyone else serious harm or you are telling me about a child at risk, I am ethically bound

Zekiye Kartal MBACP – Diploma Therapeutic Counselling

East Finchley, London N2 9BS, phone: 0789907533, email: info@zekiye.co.uk

by the BACP to discuss the possibility of sharing this information with a third party.

Legal Limitations

- When a client discloses information about an act of terrorism, money laundering offences or drug-trafficking

This arrangement is open to discussion.

Client Signature.....Date.....

Zekiye KartalDate.....

.